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Offering new perspective on why the women's leadership movement has stalled, and packed with actionable advice, Tiffany Dufu's Drop the Ball urges women to embrace imperfection, to expect less of themselves and more from others—only then can they focus on what they truly care about, devote the necessary energy to achieving their real goals, and create the type of rich, rewarding life we all desire.

**Drop the Ball: Achieving More by Doing Less: Dufu, Tiffany ...**

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## **Book – Tiffany Dufu | Drop The Ball**

In Drop The Ball, Tiffany Dufu urges women to embrace imperfection, to expect less of themselves and more from others – enabling them to flourish at work and develop deeper, more meaningful relationships at home.

## **Drop the Ball, Expect Less from Yourself and Flourish in ...**

In Drop the Ball, Dufu recounts how she learned to reevaluate expectations, shrink her to-do list, and meaningfully engage the assistance of others—freeing the space she needed to flourish at work and to develop deeper, more meaningful relationships at home.

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## **Drop the Ball: Achieving More by Doing Less by Tiffany Dufu**

Packed with actionable advice, Drop the Ball urges women to embrace imperfection, to expect less of themselves and more from others—only then can they focus on what they truly care about, devote the necessary energy to achieving their real goals, and create the type of rich, rewarding life we all desire.

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Offering new perspective on why the women's leadership movement has stalled, and packed with actionable advice, Tiffany Dufu's Drop the Ball urges women to embrace imperfection, to expect less of themselves and more from others—only then can they focus on what they truly care about, devote the necessary energy to achieving their real goals, and create the type of rich, rewarding life we all desire.

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## **This Is What to Expect for New Year's Eve in Times Square ...**

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